Facial Cupping & Massage

INTERMEDIATE | CERTIFICATE ON COMPLETION

COURSE FEE	DURATION	SCHEDULE	FORMAT
$999 NZD	2 Days · 12 hours	10am – 5pm	In person at our East Tamaki academy

LIVE MODELS	ASSESSMENT	HOMEWORK	CERTIFICATE
4 × models + 1 × demo	1 × quiz, 1 × theory test, 1 × practical assessment	None	Industry-recognised

About this course

Facial cupping and massage turn a standard facial into an experience clients remember. They lift, sculpt and de-puff, support lymphatic drainage, and add real value to your facials without adding much time.

This course builds on existing skin knowledge. You'll learn the benefits of facial cupping and massage, how the lymphatic system and lymph nodes work, and how your technique supports drainage.

You'll then follow a step-by-step cupping and massage routine, learning the right pressure, direction and rhythm for each area of the face, along with contraindications, troubleshooting and aftercare advice.

After a live demonstration, you'll practise on live models with a range of skin types and concerns.

By the end you'll be able to perform facial cupping and massage as a standalone treatment or as part of a facial. Prior skin knowledge is required. We recommend completing our Foundations of Skin & Facials course first, or you can enrol with an existing skin or beauty therapy qualification. Proof of prior skills required.

What's covered

- Anatomy of the Skin
- The Lymphatic System & Lymph Nodes
- Facial Cupping Techniques
- Facial Cupping Benefits
- Facial Massage Techniques
- Facial Massage Benefits
- Step-by-Step Application
- Indications & Contraindications
- Safety & Hygiene
- Troubleshooting
- Aftercare Advice
- Pricing
- NZ Health Protection Licence Help

Where this course can take you

CAREER OPPORTUNITIES — Add value to your facials without adding much time · Offer cupping as a standalone treatment · Stand out with a sculpting, de-puffing facial

YOUR NEXT STEP — Dermaplaning & Chemical Peels · Advanced Microneedling & Skincare

CERTIFICATES YOU'LL RECEIVE

- ✓ Facial Cupping & Massage

PRODUCTS YOU'LL WORK WITH

Cleanser, Silicone Cups, Facial Massage Oil, Headband, Facial Wipes, Moisturiser