Foundations of Skin & Facials

BEGINNER | CERTIFICATE ON COMPLETION

COURSE FEE	DURATION	SCHEDULE	FORMAT
$1199 NZD	2 Days · 12 hours	10am – 5pm	In person at our East Tamaki academy

LIVE MODELS	ASSESSMENT	HOMEWORK	CERTIFICATE
4 × models + 1 × demo	3 × quizzes, 1 × theory test, 1 × practical assessment	None	Industry-recognised

About this course

Every skin treatment starts in the same place: understanding the skin in front of you. This course gives you that foundation, and the facial skills to start treating clients straight away.

It suits anyone new to skin, and therapists wanting to strengthen their skin knowledge. You'll learn the layers of the skin and what each one does, how to identify skin types and conditions, and the role UV plays in skin health. You'll learn to carry out a thorough skin analysis through consultation and observation, and to understand skincare products and active ingredients: what they do and who they suit.

From there you'll learn the full facial routine, including steaming, exfoliation and extractions.

We also cover the consultation and prescribing skills that turn a one-off facial into a treatment plan: building a tailored in-clinic and homecare plan, retailing homecare, and pricing your treatments profitably.

After a live demonstration, you'll practise on live models with a range of skin types and concerns. By the end you'll be able to analyse a client's skin, perform a professional facial and recommend the right homecare. No prior experience required, and completing it meets the entry requirement for our intermediate skin courses.

What's covered

◆ Anatomy of the Skin ◆ Skin Types ◆ Skin Conditions ◆ The Role of UV on the Skin ◆ Consultation Forms & Contraindications ◆ How to Perform a Skin Analysis ◆ Skincare Products & Active Ingredients ◆ Facial Treatment Steps ◆ How to Use a Steamer ◆ Exfoliation ◆ Extractions ◆ Aftercare Advice ◆ Troubleshooting ◆ Building a Homecare Routine ◆ Retail ◆ Pricing ◆ Intro to Beauty Business ◆ NZ Health Protection Licence Help

YOUR NEXT STEP Dermaplaning & Chemical Peels · Facial Cupping & Massage · Advanced Microneedling & Skincare

CERTIFICATES YOU'LL RECEIVE

✓ Skin & Facials

PRODUCTS YOU'LL WORK WITH

Cleanser, Toner, Exfoliant, Mask, Serums, Moisturiser, SPF, Facial Wipes, Headband, Steamer, Extraction Tools