Full Body Waxing

BEGINNER | CERTIFICATE ON COMPLETION

COURSE FEE	DURATION	SCHEDULE	FORMAT
$1249 NZD	3 Days · 18 hours	10am – 5pm	In person at our East Tamaki academy

LIVE MODELS	ASSESSMENT	HOMEWORK	CERTIFICATE
8 × models	2 × quizzes, 1 × theory test, 1 × practical assessment	None	Industry-recognised

About this course

Body waxing is the backbone of a waxing menu. Legs, arms, underarms, back and bikini line are the services clients book again and again, and this three-day course gives you the skills and confidence to offer all of them.

You'll start with the science behind the service: hair and follicle anatomy, the hair growth cycle, hair growth types and the causes of excessive hair growth.

You'll learn the difference between strip and hot wax, which to use where, and how to work safely through consultation, contraindications and salon-standard hygiene and sterilisation.

After a live demonstration from one of our trainers, you'll practise on live models with a range of hair types and textures. You'll build speed and technique while keeping your client comfortable, and learn to troubleshoot common problems and give clear pre- and post-care advice.

By the end you'll be able to perform full body waxing, including a basic bikini line, on paying clients. No prior experience required.

What's covered

◆ History of Waxing ◆ Types of Wax ◆ Anatomy of the Hair & Hair Follicle ◆ Hair Growth Cycle ◆ Hair Growth Types ◆ Excessive Hair Growth ◆ Consultation & Contraindications ◆ Health & Safety ◆ Hygiene & Sterilisation ◆ Waxing Rules ◆ Body Waxing Techniques ◆ Basic Bikini Line ◆ Troubleshooting ◆ Pre & Post Care ◆ NZ Health Protection Licence Help

YOUR NEXT STEP Brazilian Waxing · Facial Waxing · Brow Waxing & Mapping

CERTIFICATES YOU'LL RECEIVE

- ✓ Full Body Waxing
- ✓ Basic Bikini Waxing

PRODUCTS YOU'LL WORK WITH

Pre-wax Cleanser, Talc, Strip Wax, Hot Wax, Wax Warmer & Cartridges, Wax Applicators (large & Small), Tinfoil, Gloves, Tissues, Wax Strips, Post-wax Lotion, Tweezers, Scissors